You Deserve a Hand!

Families will applaud a keepsake of their children’s hands or feet as a record of growth. Homemade play dough is an inexpensive way to make the molds.

You need:

- 4 cups flour
- 2 cups salt
- 4 tablespoons cream of tartar
- 4 cups water
- 2 tablespoons vegetable oil
- Food coloring (optional)

Color water to desired shade. Combine ingredients and cook over medium heat, stirring constantly until stiff. Let cool, then knead. Store in an airtight container.

To create the molds, place some play dough in an aluminum pie plate. Press a child’s hands or feet into the dough until a clear impression is made; allow to dry. If you prefer, don’t color the dough and encourage children to paint it the color they choose when it dries.