

# What's Inside?

## All fruits and vegetables grow from seeds

### Apples

grow from apple seeds.



### Celery

grows from celery seeds.



### Pumpkins

grow from pumpkin seeds.



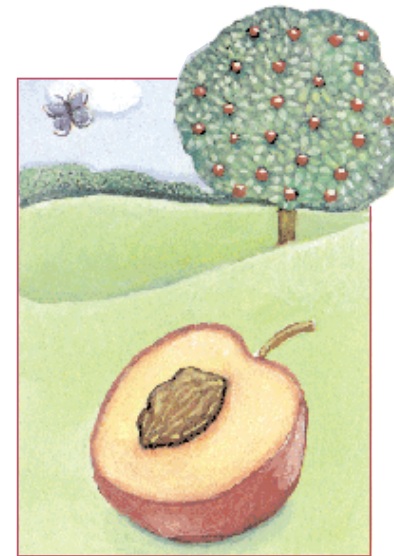
### Corn

grows from corn seeds—the kernels we eat!



### Plums

grow from one giant seed called a pit.



**What other fruits and vegetables have small seeds inside like apples?**

**What other vegetables and fruits have tiny seeds like celery?**

**What other vegetables and fruits have big seeds inside like pumpkins?**

**What other vegetables have seeds we eat?**

**What other fruits and vegetables have a pit?**

NOTE TO TEACHER: Here are answers to support using the questions on the card. This is not a complete list but a place to start. Other fruits and vegetables with: small seeds inside like an apple (tomato, pepper, cucumber, pear); big seeds inside like a pumpkin (watermelon, orange, grapefruit, papaya, other types of squash); tiny seeds like celery (strawberry, blueberry, banana, kiwi, radish); seeds we eat (beans, peas); and a pit like a plum (peach, nectarine, mango, avocado).